



Calgary Homeless
FOUNDATION

RESOURCE GUIDE

Youth Sector
Housing Programs

Important Terms/Abbreviations:

Recovery Orientation: Recovery from homelessness is understood as improved quality of life for program.

CHF funded programs commit to moving people who experience homelessness into housing as quickly as possible and delivering supports to achieve positive outcomes in the domains of *home, health, financial wellness* and *community connection*.

Housing First: a recovery-oriented approach to homelessness that involves moving people who experience homelessness into housing as quickly as possible, with no preconditions, and then providing them with additional services and supports as needed.

Harm Reduction: Programming focuses on increasing recovery outcomes without judgment, coercion, discrimination or requiring that they stop using substances as a pre-condition of support. Harm Reduction includes programming that supports sobriety when driven by individual choice community connection and is part of the spectrum of recovery-orientation.

2SLGBTQAI+: Two-Spirit, lesbian, gay, bisexual, transgender, queer, questioning, asexual, and intersex; the + refers to other ways individuals express their gender and sexuality outside heteronormativity and gender binary.

Rapid Rehousing: Works with individuals and families who are experiencing episodic or transitional homelessness and is focused on getting people into housing and out of shelters as quickly as possible. People who are eligible for rapid re-housing are usually assessed to have low to moderate complexity

Group Based: case management and housing support provided in a congregate- style setting with individual/private bedrooms but shared kitchens, bathrooms, and common spaces

SSSH: Scattered Site Supportive Housing - case management and housing supports delivered in locations in the community without 24/7 onsite supports.

Outreach: Street outreach involves moving outside the walls of the agency to engage with people experiencing homelessness who may be disconnected and alienated not only from mainstream services and supports, but from the services targeting people experiencing homelessness

PBSH: Place-Based Supportive Housing - case management and housing supports delivered at a designated building or facility with 24/7 onsite supports.

Bridge Housing: Time-limited interim supportive housing with the goal to remove barriers faced by participants in obtaining housing stability and independence.

Diversion: Services designed to minimize homelessness before it becomes a prolonged experience.

CAA: Coordinated Access and Assessment - a system to support service integration for people experiencing homelessness. CAA coordinates engagement, assessment, triage prioritization, and program access to a range of housing and support services. Triage and referral processes are provided by CAA's Placement Committees.

APC: Adult Placement Committee (age 18+)

YPC: Youth Placement Committee (Age <24)

FPC: Family Placement Committee

Youth Housing Programs

Agency	Program	Program Description	YPC Considerations
<p>Calgary Dream Centre</p>	<p>Living in Community</p>	<p>Recovery-oriented SSSH program for adults and youth experiencing homelessness who want to address their substance use disorders in a sobriety-based, communal living model designed to promote community integration. Program will work with individuals who report no history of problematic substance use.</p>	<ul style="list-style-type: none"> • Age 18+ • 5+ days of sobriety prior to program entry • Congregate living (4-5 people in a shared house) • Referrals from APC & YPC • Suggested program type: Sobriety
<p>Calgary John Howard Society</p>	<p>Roofs for Youth</p>	<p>Recovery-oriented supportive housing program with group-based and SSSH components for youth without child welfare status or natural supports who are experiencing homelessness and have criminal justice involvement.</p>	<ul style="list-style-type: none"> • Age 15-24 • Group living & SSSH, justice system involvement or at risk • Suggested program type: Group-based or Community (scattered site)
<p>CUPS Calgary Society</p>	<p>Graduate Rent Subsidy Program</p>	<p>Rental subsidy and limited supports for participants who have completed a supportive housing program and no longer require case management support.</p>	<ul style="list-style-type: none"> • Successful completion of a housing first program with a need for ongoing subsidy • Age 18+ • Referral through Housing First Graduates
<p>CUPS Calgary Society</p>	<p>Homes for Health</p>	<p>Recovery-oriented high support SSSH program for youth 18+ and adults experiencing homelessness who experience significant physical health complexities (in addition to substance use, and/or mental health concerns), that have become barriers to participation in other supports. The program provides short-term intensive stabilization support prior to transitioning individuals to longer-term supportive housing. It provides wraparound case management with low staff-participant ratios, and a multidisciplinary team. This program will take referrals for individuals who have been housed in or flagged for PSH but whose needs are not being fully met in those environments due to</p>	<ul style="list-style-type: none"> • High use of emergency services • Physical health complexity • Suggested program type: PSH – Harm Reduction, PSH – Health, • Participant requires PBSH level supports, but could live in community with wraparound supports

		presenting complexity, and participant may be better supported in a scattered site program with more intensive supports.	
Enviros Wilderness School Association	Triveri House	Recovery-oriented PBSH program for youth. Programming ranges from Rapid Rehousing and Bridge Housing to higher intensity, longer-term supports for those with higher needs.	<ul style="list-style-type: none"> • Age 18-24 for referral but youth can stay in program until age 29, if needed • Staffed 24/7 • Suggested program type: PSH – Harm Reduction, Bridge Housing, or Rapid Rehousing
McMan Youth, Family & Community Services Association	Hope Homes	Recovery-oriented SSSH and Rapid Rehousing program for youth experiencing homelessness.	<ul style="list-style-type: none"> • Age 15-24 • Suggested program type: Community (scattered site) or Rapid Rehousing
Miskanawah Community Services Association	Strengthening Home Fires	Recovery-oriented SSSH and Rapid Rehousing program for Indigenous youth who are experiencing homelessness.	<ul style="list-style-type: none"> • Age 14-24 • Indigenous youth interested in cultural connection/supports • Suggested program type: Community (scattered site) or Rapid Rehousing
Trellis	Aura	Recovery-oriented SSSH program for youth who are 2SLGTBQAIP+ and are experiencing homelessness. Includes <i>Iris Place</i> – a 3-unit congregate environment with supportive roommate and case management supports.	<ul style="list-style-type: none"> • Age 16-24 • Suggested program type: LGTBQ Housing or, for <i>Iris Place</i>, Group-Based and yes to “Are you interested in LGBTQ supports?”
Trellis	Infinity	Recovery-oriented SSSH program supports for youth who are experiencing homelessness.	<ul style="list-style-type: none"> • Age 16-24 • Suggested program type: Community (scattered site)

Wood's Homes	New Horizon	Recovery-oriented SSSH and Rapid Rehousing program for youth experiencing homelessness.	<ul style="list-style-type: none"> • Age 18-29; under 18 will be considered for the Inglewood location on a case-by-case basis • Suggested program types: Rapid Rehousing or Community (scattered site)
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Non-CHF Funded Housing Programs

Agency	Program	Program Description	YPC Considerations
McMan Youth, Family & Community Services Association	Wichitowin	Recovery-oriented SSSH program for Indigenous youth experiencing homelessness. Program offers cultural connections and supports.	<ul style="list-style-type: none"> • Age 16-24 • Suggested Program Types: Rapid Rehousing and Community (scattered site) • Indigenous youth interested in cultural connection and/or reconnection.
Trellis	The Boreal	Recovery-oriented PSSH program that offers lodging-style housing for youth experiencing multiple complexities and barriers to housing. 24/7, double staffed.	<ul style="list-style-type: none"> • Age 16-22 • Private bedrooms with shared kitchens, bathrooms, and common spaces • Suggested program types: Group-Based or PSSH – Harm Reduction
Trellis	Homefire	Recovery-oriented SSSH program for Indigenous youth experiencing homelessness. Program offers cultural connections and supports.	<ul style="list-style-type: none"> • Age 16-24 • Indigenous youth interested in cultural connection/supports • Suggested program type: Community (scattered site)

Diversion / Outreach Programs

Agency	Program	Program Description
Trellis	Unity Project	<p>Outreach program serves exploited and at-risk youth by providing outreach case management and diverting youth from accessing shelter and adult serving systems.</p> <ul style="list-style-type: none"> • Age 13-24 • Outreach program – does not accept referrals via Placement Committee
Trellis	Youth Diversion	<p>Diversion program targets youth entering shelters in the city. Activities include diversion, critical time intervention, advocacy, systems navigation, 1:1 coaching, engaging natural supports, housing.</p> <ul style="list-style-type: none"> • Age 14-24 • Program access via the agency – referrals are not made at placement committee • Covid response grant; funded until March 31, 2023



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