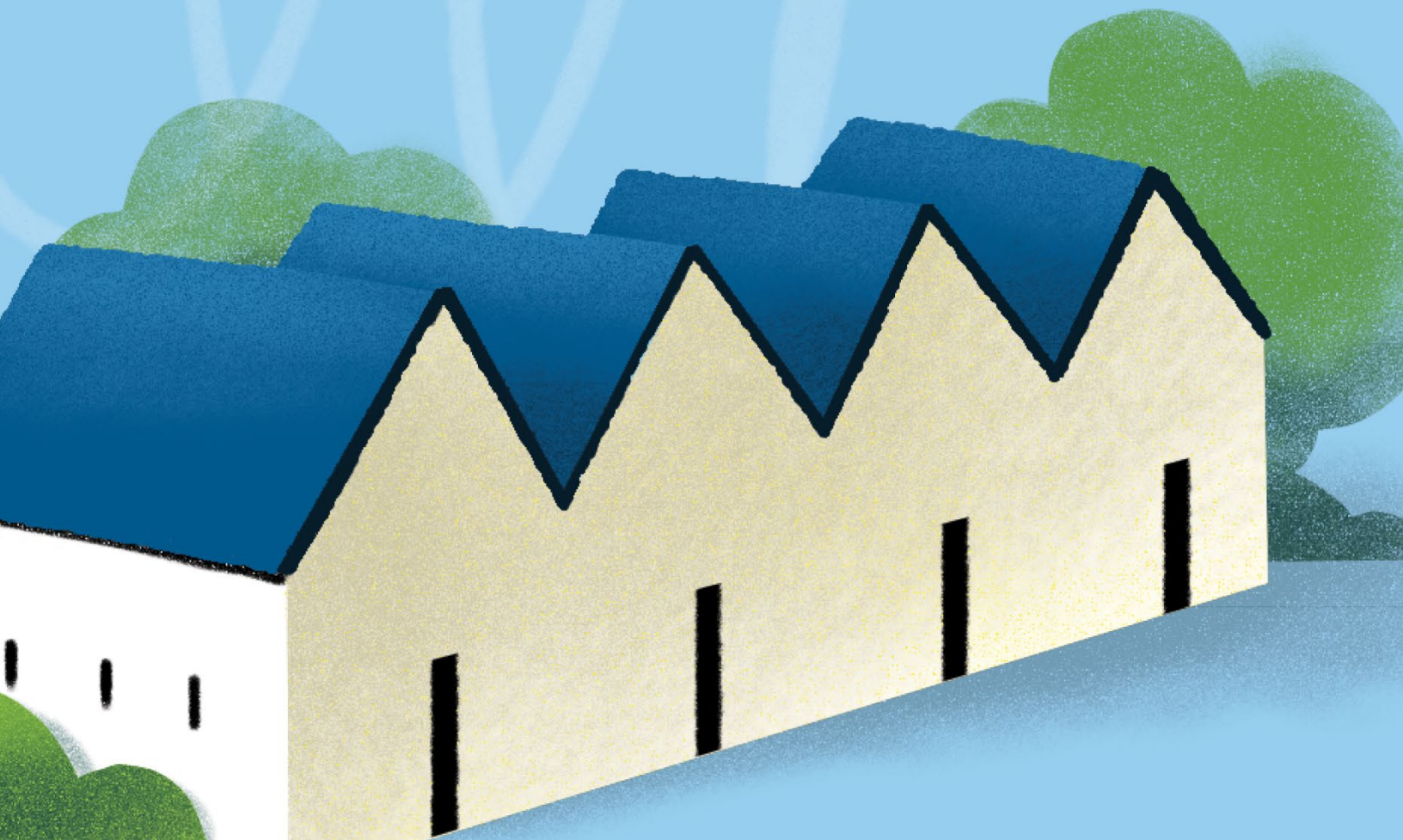


Program Resource Guide

ADULT, FAMILY & YOUTH SUPPORTIVE HOUSING





Welcome

Calgary Homeless Foundation guides the fight against homelessness. Working in alignment with governments and collaboratively with service providers and community partners, we help translate complex system needs into coordinated, efficient ground-level action that maximizes the impact of every resource and creates lasting pathways out of homelessness.

This resource guide is designed to help connect individuals at risk of or experiencing homelessness to the right housing and supports by streamlining decisions, strengthening collaboration across Calgary’s homeless-serving sector, and creating more effective pathways to housing.

About this resource guide

This guide is a practical tool to help identify the best housing options for individuals and families at risk of or experiencing homelessness. It offers a clear, comprehensive overview of supportive housing programs in Calgary for adults, youth, and families—organized by housing type: Scattered-Site, Place-Based, Transitional, Graduated Rent Subsidy, and Prevention and Diversion. Each program includes a detailed description along with key Coordinated Access & Assessment (CAA) considerations, such as eligibility, complexity, and other important factors. By outlining what each program offers, this guide supports informed recommendations, helps match participants with the right supports, and strengthens our collective ability to make homelessness rare, brief, and non-recurring.

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Terms & Definitions



DEMOGRAPHIC

Adult

An individual aged 24+ with no dependents in their care.

Family

A household with one or two heads of household and one or more of the following:

- Dependents in care (full-time or part-time), including children or adults (18+) who rely on financial support due to physical or mental conditions.
- A pregnant family member.
- Dependents temporarily in the care of Children's Services (Temporary Guardianship/Kinship)—or living elsewhere—with a reasonable reunification plan.

Youth

An unaccompanied individual aged 14–24 at intake.



LEVEL OF COMPLEXITY

Low Complexity

Individuals who primarily face financial or social barriers that make it difficult to exit homelessness on their own. They don't experience serious clinical barriers and have a recent history of maintaining independent housing.

Moderate Complexity

Individuals experiencing difficulty exiting homelessness on their own due to a combination of financial, clinical, and social barriers, and some history of chronicity (long-term homelessness).

High Complexity

Individuals presenting two or more coexisting health conditions (co-morbidities), high rates of health problems—including severe mental illness and/or substance use disorders—or conditions

that may be worsened by physical illness, injury, or trauma. These individuals are often frequent users of emergency services, crisis response support, and public safety systems.



SUPPORTIVE HOUSING PROGRAMS

Accessibility Issues

A type of supportive housing in the community with units specifically chosen to meet accessibility needs, while providing case management and housing support that helps participants achieve housing stability, recovery, and independence.

Assertive Community Treatment (ACT)

A type of supportive housing that integrates medical and psychiatric care via a multidisciplinary team of practitioners.

Bridge Housing (BH)

A type of time-limited supportive housing that helps remove barriers to independent housing. Length of stay is limited.

Domestic Violence (DV)

A type of supportive housing in the community, or a designated building, for individuals experiencing homelessness due to domestic violence, providing safe, confidential housing and tailored supports to promote stability, recovery, and long-term independence.

Group-Based Supportive Housing (GBSH)

A type of supportive housing that refers to a residential model where multiple individuals at risk of or experiencing homelessness live together in a shared housing environment. Supports are typically provided on-site and may include case management, life skills development, health or recovery services, and connections to community resources.

Graduated Rent Subsidy Programs (GRSP)

A time-limited housing support that provides rental assistance alongside case management and skill-building, with the goal of preparing participants to successfully graduate into independent, long-term housing.

Place-Based Supportive Housing (PBSH)

A type of supportive housing in designated buildings with 24/7 on-site agency support that offers case management and housing supports, focusing on participant-defined quality of life and progress toward independence.

Prevention and Diversion (P&D)

Services accessed through individual agencies, aimed at minimizing homelessness before it becomes prolonged, including interventions for those at immediate risk of homelessness.

Rapid Rehousing (RRH)

A type of short-term supportive housing with housing-led intervention to help people quickly exit homelessness and return to community housing. Best suited for individuals and families with stronger protective factors and fewer complex needs.

Scattered-Site Supportive Housing (SSSH)

A type of supportive housing in the community where units are not tied to a specific or designated building, and on-site supports may be limited, that provides case management and housing support to help participants achieve housing stability, recovery, and independence.

Sobriety Housing (SH)

A substance-free type of supportive housing with case management, peer support, and recovery services for individuals addressing substance use.

Transitional Housing (TH)

A type of temporary supportive housing with services designed to help individuals and families achieve interim stability and transition to permanent housing.



KEY TERMS

At-Risk

Individuals or families who are housed but are at imminent risk of losing their home due to factors like low income, job loss, eviction, or personal crises.

Coordinated Access & Assessment (CAA)

A centralized system that screens, assesses, and matches people experiencing homelessness with appropriate housing and services based on need. This includes maintaining a centralized and comprehensive record of a participant's journey through the supportive housing system.

Independence

Achieving stable, self-sufficient living after an experience of homelessness.

Non-Market Affordable Social Housing

Housing that is not provided by the private market but by public or non-profit sectors, with rents or prices below standard market rates. It is made accessible through subsidies or being owned and managed by government agencies or non-profit organizations, often targeting individuals or families with low income who cannot afford market prices and would be at risk of experiencing homelessness. This can include various forms, such as social housing, co-operatives, and community land trusts.

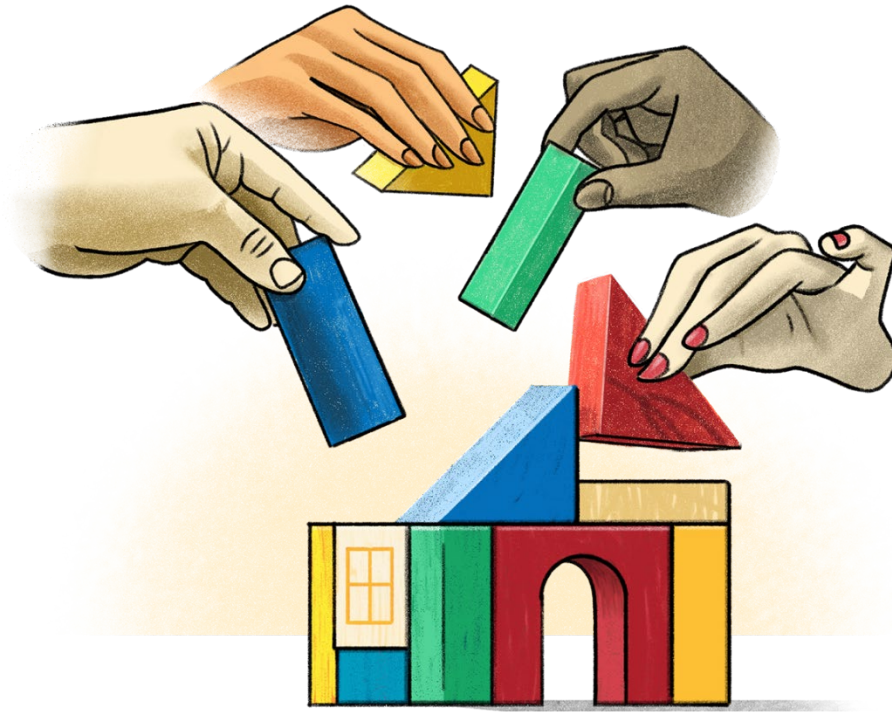
Supportive Housing

A model of affordable housing that combines financial assistance and on-site support services to help people who are experiencing homelessness.



Adult Sector Programs





Scattered-Site Supportive Housing (SSSH) Programs



ABORIGINAL FRIENDSHIP CENTRE OF CALGARY (AFCC)

Aboriginal Housing Initiative (AHI)

Scattered Site Recovery-Oriented Housing program for Indigenous adults experiencing homelessness. AFCC's AHI program provides supportive housing for up to 40 Indigenous singles with moderate to high-complexity needs, offering intensive case management, mental health supports, rent subsidies, and culturally informed programming, including Elders, traditional medicines, and Medicine Wheel-guided life skills to foster housing stability and independence.

CAA Considerations

- ☑ Suggested program type: SSSH
- ☑ Population: Indigenous adults
- ☑ Complexity: Moderate to High
- ☑ Program Components:
 - Case Management
 - Mental Health Intervention
 - Cultural Supports
 - Rental Subsidy



ACCESSIBLE HOUSING SOCIETY

Bridge to Home (BtH)

Scattered Site Recovery-Oriented Housing program for adults experiencing homelessness who face multiple barriers, including substance use, mental or physical health challenges, and mobility or accessibility needs. The BtH program provides scattered-site housing with recovery-based case management, supporting long-term stability and independence. Participants receive wrap-around supports—including health care, income, and social connection—to secure and maintain stable, appropriate housing beyond the program.

CAA Considerations

- ✓ **Suggested program type:** Accessibility Issues
- ✓ **Age:** 18+ (single adults)
- ✓ **Complexity:** Low to High
- ✓ **Criteria:** Limited mobility, accessibility needs, or functional impairments requiring modifications (may include progressive illness or upcoming surgeries)
- ✓ **Eligibility:**
 - Must be able to live independently with community supports
 - Risk assessment required
- ✓ **Exclusions:** Ineligible if unable to live independently due to extreme health/substance use issues or high-risk offending



THE ALEX COMMUNITY HEALTH CENTRE

Homebase

Scattered Site Recovery-Oriented Housing program for adults experiencing homelessness who face multiple barriers to housing, including substance use and physical or mental health challenges. Homebase provides recovery-oriented supportive housing using trauma-informed and intensive case management principles, helping participants build safety, health, belonging, and long-term independence. Supports include housing, health care, social connection, and access to a wide range of community services that foster recovery and personal goal achievement.

CAA Considerations

- ✓ **Suggested program type:** SSSH
- ✓ **Age:** 18+ (single adults)
- ✓ **Complexity:** Moderate to High
- ✓ **Eligibility:**
 - History of chronic homelessness
 - Able to live alone and complete self-care (or learn independent living skills)
- Willing to pay an affordable portion of income toward rent
- Live in market housing or master lease unit
- Meet with a clinician in-home at least once per week
- ✓ **Exclusions:** History of violence that would compromise the safety of staff and the working environment

Pathways to Housing (PTH)

Medically specialized congregate and SSSH program with Assertive Community Treatment (ACT) for adults experiencing chronic homelessness and psychotic illnesses. PTH provides subsidized housing and interdisciplinary supports for individuals with conditions such as schizophrenia, schizoaffective disorder, delusional disorder, or type one bipolar disorder with psychotic features. Using Recovery-Oriented Supportive Housing principles, PTH offers comprehensive physical health, mental health, and social supports—including on-site services at Wendy’s House and Ophelia—to help participants transition to scattered-site or long-term subsidized housing.

CAA Considerations

- ✓ **Suggested program type:** ACT (Pathways)
- ✓ **Age:** 18+
- ✓ **Complexity:** Low to High
 - Chronic homelessness
 - Significant functional impairments
 - High service needs
- ✓ **ACT Criteria:** Primary psychotic illness (schizophrenia, schizoaffective disorder, delusional disorder or bipolar I disorder with psychotic features)
- ✓ **Eligibility**
 - Able to safely live alone or learn independent living skills
- ✓ **Exclusions:**
 - Primary intellectual disability
 - FASD or PDD
 - Brain injury
 - Drug-induced psychosis
 - Comorbid personality disorders



ALPHA HOUSE

Alpha Housing Program

Scattered Site Recovery-Oriented Housing program for adults experiencing homelessness that supports individuals transitioning from shelter or street living to independent housing, with a focus on substance use and physical or mental health challenges. Calgary Alpha House’s Community Housing Program provides low-barrier supportive housing with 7-day-a-week intensive case management, helping participants achieve housing stability through wrap-around supports, including healthcare, income, and community reintegration. Participants are supported toward long-term independence or other suitable housing options once stability is achieved.

CAA Considerations

- ✓ **Suggested program type:** SSSH
- ✓ **Age:** 18+
- ✓ **Complexity:** Low to Moderate
- ✓ **Eligibility:**
 - Substance use
- Ability to maintain housing independently with intensive (7-day-a-week) case management support
- ✓ **Exclusions:**
 - Need 24/7 case management
 - Unable to maintain housing independently



CALGARY DREAM CENTRE

Living in Community

Scattered Site Recovery-Oriented Housing program for adults experiencing homelessness who want to address substance use disorders in a sobriety-based, communal living model designed to promote community integration. The Calgary Dream Centre’s Living in Community program provides personalized supports—including case management, mental health therapy, income, food assistance, and stable housing—within a congregate living environment that fosters recovery, healing, and long-term independence. **Individuals with convictions for serious crimes are not eligible for the program.*

CAA Considerations

- ☑ Suggested program type: Sobriety
- ☑ Age: 18+
- ☑ Complexity: Low to Moderate
- ☑ Program Components: Congregate living (4-5 participants in a shared house)
- ☑ Eligibility:
 - 5+ days sober prior to entry
 - Referrals from APC & YPC
 - Treatment preferred for 18 days to 6+ months
- ☑ Exclusions: Ineligible with convictions for serious crimes



CUPS CALGARY SOCIETY

Compass Housing Program (CHP)

Scattered Site Recovery-Oriented Housing program for chronically or episodically homeless adults with complex health, mental health, and substance use needs. The CUPS Compass Housing Program (CHP) integrates housing supports with outreach nursing, occupational therapy, mental health, and addiction services. Using a tiered case management approach, CHP supports participants across Home, Health, Finance, and Community Connection domains, helping them build independence, address personal and systemic barriers, and connect to community resources. The program emphasizes recovery, social connection, and successful graduation from the Homeless Serving System of Care.

CAA Considerations

- ☑ Suggested program type: SSSH
- ☑ Age: 18+
- ☑ Complexity: Moderate to High
 - Preference for high complexity
- ☑ Program Components:
 - Integrated health supports
 - Occupational Therapy (OT)
 - Case management at the Community Health Centre
- ☑ Eligibility:
 - Able to live independently
 - Preference for participants with tri-morbidity and complex health needs
- ☑ Limitations:
 - Participants needing 24/7 or after-hours supports are not ideal

Place-Based Supportive Housing (PBSH) Programs



THE ALEX COMMUNITY HEALTH CENTRE

Abbeydale

Place Based Recovery-Oriented Housing program for adults experiencing high complexity and multiple barriers to independent housing, including substance use and mental or physical health challenges, who benefit from a congregate setting with additional supports. Abbeydale provides place-based supportive housing offering full meal provision, intensive case management, health supports, and culturally informed programming to foster recovery, independence, and long-term housing stability.

CAA Considerations

- Suggested program type: PBSH
- Age: 18+ (single adults)
- Complexity: Moderate to High
- Program Components:
 - Congregate living (private rooms with shared kitchens and bathrooms)
 - Assistance with cooking
 - Weekly case management meetings
- Eligibility:
 - Adults with a history of chronic homelessness
 - Ability to live in lodging-style housing
 - Willing to pay affordable rent
 - Able to use stairs (building is a walk-up)
- Exclusions: History of violence that would compromise staff safety

Prelude

Place Based Recovery-Oriented Housing program for adults experiencing high complexity and multiple barriers to independent housing, including substance use and mental or physical health challenges. The Prelude provides place-based supportive housing, offering individual units, intensive case management, health supports, and culturally informed programming to promote recovery, independence, and long-term housing stability.

CAA Considerations

- Suggested program type: PBSH
- Age: 18+
- Complexity: Moderate to High
- Program Components:
 - Independent living
 - Weekly case management meetings
- Eligibility:
 - History of chronic homelessness
 - Able to live safely and manage daily living
 - Willing to pay an affordable percentage of income on rent
- Exclusions: History of violence that would compromise staff safety



Aurora on the Park

Place Based Recovery-Oriented Housing program for adults experiencing homelessness with high health needs, accessibility challenges, and addictions. Aurora on the Park provides 24/7 case management within a fully accessible, place-based supportive housing model, supporting independence, daily living skills, and personalized medical care in collaboration with Alberta Health Services. Programming is participant-driven and culturally competent, fostering housing stability, relationship building, and dignity, with palliative care options for clients requiring aging-in-place support.

CAA Considerations

- ☑ Suggested program type: PBSH
- ☑ Age: 18+
- ☑ Complexity: Moderate to High
- ☑ Criteria: Adults experiencing homelessness, addictions and/or mental health concerns, with mobility limitations and/or cognitive impairments
- ☑ Program Components:
 - Barrier-free units
 - On-site medical supports
- ☑ Eligibility:
 - Accessibility and high health needs
 - Requires intensive case management
 - Program components would benefit the ability to increase autonomy and reduce preventable hospitalizations

The Clayton

Place Based Recovery-Oriented Housing program for adults experiencing high complexity and multiple barriers to independent housing, including substance use and mental or physical health challenges. The Clayton provides place-based supportive housing with 24/7 case management, prioritizing Indigenous adults (70% of spaces) and offering culturally grounded programming, including ceremonies, sweats, and Elder supports. Participants receive individualized recovery-oriented supports to build independence, life skills, and housing stability, with access to palliative care and wrap-around services to meet complex needs.

CAA Considerations

- ☑ Suggested program type: PBSH
- ☑ Age: 18+
- ☑ Population: Open to all demographics
 - Priority is Indigenous individuals (70% of spots reserved)
- ☑ Complexity: Moderate to High
- ☑ Program Components:
 - Intensive case management
 - Palliative units for end-of-life care
- ☑ Eligibility:
 - History of homelessness
 - May have mental health and/or addiction issues

Providence House Recovery-Oriented Living

Place Based Recovery-Oriented Housing program for adults experiencing homelessness using a two-year, sober-living model focused on Wellbriety and long-term recovery. Providence House provides place-based supportive housing with 24/7 staff support, recovery coaching, and Indigenous peer supports, fostering housing stability, skill-building, and holistic well-being. Participants engage in personalized, culturally informed programming to promote sobriety, independent living, and successful graduation to sustainable housing.

CAA Considerations

- ☑ **Suggested program type:** PBSH
- ☑ **Age:** 18+
- ☑ **Complexity:** Moderate to High
- ☑ **Criteria:** Adults actively engaged in recovery and willing to participate in random drug testing
- ☑ **Eligibility:**
 - Minimum 5 days in detox or treatment prior to entry
 - Commitment to AA, Wellbriety, group work, and curfews

Sunalta Lodging House

Place Based Recovery-Oriented Housing program for adults experiencing high complexity and multiple barriers to independent housing, including substance use and mental or physical health challenges. Sunalta Lodging House provides place-based supportive housing with 24/7 case management, fostering independence, daily living skills, and housing stability. Programming is client-centred, flexible, and designed to support recovery while promoting safety, well-being, and pride of home.

CAA Considerations

- ☑ **Suggested program type:** PBSH
- ☑ **Age:** 18+
- ☑ **Complexity:** Moderate to High
- ☑ **Program Components:** Independent rooms with shared bathrooms, kitchens, and common spaces
- ☑ **Eligibility:**
 - History of homelessness
 - May have mental health and/or addiction concerns that require intensive case management
 - Able to use stairs (building is a walk-up)

Veterans Housing Program (The Madison)

Place Based Recovery-Oriented Housing program for adults with a history of military or first responder service who face high complexity and multiple barriers to independent housing, including substance use and mental or physical health challenges. The Madison provides place-based supportive housing with 24/7 case management, fostering independence, daily living skills, and

housing stability, while offering veteran-specific supports, partnerships with Veteran’s Affairs and other agencies, and a shared environment that promotes belonging and recovery.

CAA Considerations

- ☑ Suggested program type: PBSH
- ☑ Age: 18+ (referrals from APC & YPC)
- ☑ Complexity: Low to High
- ☑ Criteria: Veterans, former first responders, or corrections staff with a history of homelessness.
- ☑ Eligibility:
 - Able to use stairs (building is a walk-up)
 - May have mental health and/or substance use challenges

Women’s Housing Program

Place Based Recovery-Oriented Housing program for adult women experiencing high complexity and multiple barriers to independent housing, including substance use and mental or physical health challenges. The Albert Park Women’s Building provides place-based supportive housing with 24/7 case management, fostering housing stability, recovery, and independence for 24 female or female-identifying participants. Programming is participant-driven, flexible, and designed to address complex needs while promoting safety, empowerment, and long-term well-being.

CAA Considerations

- ☑ Suggested program type: PBSH
- ☑ Age: 18+
- ☑ Population: Female identifying only
- ☑ Complexity: Moderate to High
- ☑ Eligibility:
 - Requires intensive case management
 - Experiencing homelessness, addiction, and/or mental health concerns



THE SHARP FOUNDATION

Croydon

Place Based Recovery-Oriented Housing program for adult women experiencing high complexity and multiple barriers to independent housing, including substance use and mental or physical health challenges. Croydon provides place-based supportive housing with 24/7 integrated care, individualized case management, and health supports, fostering recovery, independence, and community engagement, with options to transition to scattered-site housing once stability is achieved.

CAA Considerations

- ☑ Suggested program type: PBSH
- ☑ Age: 18+
- ☑ Population: Female identifying only
- ☑ Complexity: High
- ☑ Criteria: Experiencing homelessness or housing instability with intersecting health, mental health, or substance use challenges
- ☑ Eligibility: Able to use stairs (building is a walk-up)

Langin Place

Place Based Recovery-Oriented Housing program for adult men experiencing high complexity and multiple barriers to independent housing, including substance use and mental or physical health challenges. Langin Place provides 24/7 integrated care, case management, and wrap-around supports to foster independence, life skills, and long-term well-being. Programming is recovery-oriented, barrier-free, and designed to support residents' health, wellness, and personalized goals, including transitions to scattered-site housing when appropriate.

CAA Considerations

- ☑ Suggested program type: PBSH
- ☑ Age: 25+
- ☑ Population: Male identifying only
- ☑ Complexity: High
- ☑ Criteria: Experiencing homelessness or housing instability with intersecting health, mental health, or substance use challenges
- ☑ Eligibility: Able to use stairs (building is a walk-up)

Murray's House

Place Based Recovery-Oriented Housing program for adults experiencing high complexity and multiple barriers to independent housing, including substance use and mental or physical health challenges. Murray's House provides 24/7 integrated care, intensive case management, health supports, and recreational programming, fostering recovery, independence, and successful transitions to scattered-site housing. The program also offers palliative care for residents with end-of-life needs.

CAA Considerations

- ☑ Suggested program type: PBSH
- ☑ Age: 18+
- ☑ Complexity: High
- ☑ Criteria: Experiencing homelessness or housing instability with intersecting health, mental health, or substance use challenges.

Stepping Stone Manor

Place Based Recovery-Oriented Housing program for adults experiencing high complexity and multiple barriers to independent housing, including substance use and mental or physical health

challenges. Stepping Stone Manor provides 24/7 integrated care, intensive case management, health supports, and recreational programming, fostering recovery, independence, and successful transitions to scattered-site housing.

CAA Considerations

- ✓ Suggested program type: PBSH
- ✓ Age: 18+
- ✓ Complexity: High
- ✓ Criteria: Experiencing homelessness or housing instability with intersecting health, mental health, or substance use challenges.



TRELLIS SOCIETY

The Maple

Place Based Recovery-Oriented Housing program for adult women experiencing high complexity and multiple barriers to independent housing, including substance use, mental or physical health challenges, and trauma. The Maple provides place-based supportive housing with 24/7 integrated care, on-site staff, and intensive case management to foster housing stability, self-sufficiency, life skills, and positive transitions within the Calgary Homeless Serving System of Care.

CAA Considerations

- ✓ Suggested program type: PBSH
- ✓ Age: 25+
- ✓ Population: Female identifying only
- ✓ Complexity: High
- ✓ Criteria: Experiencing multiple barriers to independent housing, including substance use, mental health and/or physical health concerns
- ✓ Eligibility: High complexity needs

Transitional Supportive Housing Programs



CUPS CALGARY SOCIETY

Community Development

Recovery-Oriented transitional supportive housing program provides families and individuals experiencing homelessness or housing instability with affordable housing across four sites. Using a trauma-informed, strengths-based approach, it combines rent subsidies with intensive case management, housing navigation, and skill-building workshops to support stability and independence. Participants also have access to health and parenting supports through CUPS Integrated Care, on-site staff during weekday hours, and early transition planning to help move into independent housing within 12 to 18 months.

CAA Considerations

- ✓ **Suggested program type:** Community Development
- ✓ **Age:** 18+
- ✓ **Complexity:** Low to Moderate
- ✓ **Criteria:** Experiencing low to mid-acuity housing instability
- ✓ **Program Components:** Case management & in-home support
- ✓ **Eligibility:**
 - Meet low-income thresholds (varies by family size)
 - Match available unit size (1, 2, or 3 beds)
 - Meets mobility needs (some buildings have elevators)
 - Able to transition to independent housing within 18 months
- ✓ **Exclusions:** Have active domestic violence concerns



MCMAN YOUTH, FAMILY & COMMUNITY SERVICES ASSOCIATION

James House

Recovery-Oriented transitional supportive housing program for adults experiencing low to moderate complexity who are at risk of or experiencing homelessness. James House provides transitional supportive housing for up to 27 participants, combining case management and transition worker support to foster goal setting, life skills, and community integration. Participants spend up to a year in the program before moving into independent housing, with optional follow-up support to ensure successful transitions and housing stability.

CAA Considerations

- ✓ **Suggested program type:** Transitional Supportive Housing
- ✓ **Age:** 25+
- ✓ **Complexity:** Low to Moderate
- ✓ **Program Components:**
 - Not staffed 24/7
 - Light support for employment, education, or accessing long-term income supports
- ✓ **Eligibility:** Able to live independently
- ✓ **Exclusions:** Not tri-morbid



THE MUSTARD SEED SOCIETY

TMS Recovery Program

Sober-living transitional housing program for adults, providing up to 12 months of support. The Mustard Seed's program uses a sober recovery model with case management focused on life skills, relapse prevention, trauma support, and building recovery capital. Participants develop skills for independent living, financial literacy, employment, and connection to long-term community supports, with guidance to secure stable housing upon graduation and follow-up to maintain sobriety and ongoing recovery.

CAA Considerations

- ✓ Suggested program type: Sobriety
- ✓ Age: 18+
- ✓ Complexity: Low to Moderate
- ✓ Program Components: Congregate living (4-5 participants in a shared house)
- ✓ Eligibility:
 - 5+ days sober prior to entry
 - Medically stable (severe mental health comorbidities allowed if under physician supervision)
 - Ideal for those completing, or recently completed, treatment (within 6 months)
- ✓ Exclusions: Criminal record of sexual or violent offences

Bridge Housing Program



CALGARY ALPHA HOUSE SOCIETY

The Boreal

The Boreal is a Rapid Response bridge housing program designed to reduce pressures related to encampments by supporting adults who are rough sleeping and have historically not accessed emergency shelter services. The program focuses on individuals who are seeking housing and motivated to achieve stability and independence. Using Recovery-Oriented Supportive Housing (ROSH) and trauma-informed care. The Boreal provides short-term, structured supports to help participants stabilize health and wellness, build essential life skills, and address barriers such as substance use, mental health challenges, and financial instability. Participants actively engage with staff to develop and implement individualized transition care plans that support recovery, community integration, and readiness for permanent housing. The Boreal is intended as a time-limited intervention, supporting participants to transition into long-term housing, such as ROSH programs or independent housing, within approximately 6 to 9 months.

CAA Considerations

- ✓ Suggested program type: BH
- ✓ Age: 18+
- ✓ Complexity: Low to Moderate
- ✓ Program Components:
 - Active case management and transition planning
 - Life skills development and structured programming
 - Advocacy and referrals to community and professional supports
- ✓ Eligibility:
 - Willing to engage in programming
 - Motivated to secure and sustain housing
 - Ability to transition to permanent housing within 6-9 months
- ✓ Exclusions:
 - Long history of shelter use or frequent access to city-wide shelter resources
 - Seeking long-term care or stays exceeding 9 months
 - Significant mobility issues that would impact a timely transition
 - Palliative care needs
 - Requires accessible transportation

Graduated Rent Subsidy Program (GRSP)



CUPS CALGARY SOCIETY

Graduated Rent Subsidy Program

Graduated Rent Subsidy Program provides light-touch case management and temporary rental support for individuals and families who have completed recovery-oriented supportive housing programs. GRSP supports participants with integrated care coordination, referrals, and access to CUPS and community resources to maintain housing stability while working toward graduation from the Homeless Serving System of Care. The program focuses on housing retention, employment, education, and social engagement, guiding participants toward independence and a successful exit from the system.

CAA Considerations

- ☑ **Suggested program type:** GRSP
- ☑ **Age:** 18+
- ☑ **Complexity:** Low
- ☑ **Criteria:** Individuals and families who have completed Housing First case management programs
 - Stable housing for 6+ months in supportive housing program
- ☑ **Program Components:**
 - Meet monthly with CUPS Housing Coordinator/ Subsidy/Graduation staff for support
 - employment, education, training, and community engagement
 - Integration with natural and professional supports.
- ☑ **Eligibility:**
 - Prior graduation conversations and goals established
 - Referrals to non-market housing completed
 - Ready and willing to meet program components
 - Ability to graduate to independence within approx. 2 years
 - ***Preference:** Able to earn income (working age)
- ☑ **Limitations:** Adults 55+ considered case-by-case based on capacity to increase income and level of support required.

Prevention & Diversion (P&D) Programs



CALGARY ALPHA HOUSE SOCIETY

Prevention and Diversion

Prevention and diversion program supporting low-acuity, low-frequency shelter users to transition into community or market housing. Participants may receive financial or material support and

assistance with income, identification, medical needs, and other preparations for independent living. Staff coordinate with housing agencies, landlords, and community resources to ensure placements align with participants' needs.

CAA Considerations

- Suggested program type: P&D
- Complexity: Low
- Criteria: Supports low-frequency shelter users to move into community or market housing
- Program accessed through the agency



CALGARY DROP-IN & REHAB CENTRE

Navigation Centre Flex Funds

Prevention and diversion program assisting unhoused individuals to access shelters, permanent housing, and recovery-focused supports. The program provides intensive, person-centered assistance, including access to client flex funds for rental arrears, deposits, relocation, and basic needs, to help participants quickly transition to stable housing.

CAA Considerations

- Suggested program type: P&D
- Complexity: Low
- Criteria: Unhoused individuals
- Program accessed through the agency

Prevention and Diversion

Prevention and diversion program supporting individuals accessing shelter to quickly resolve a housing crisis. The DI's program provides intensive case management during the first 21 days in shelter, diverting individuals from shelter or transitioning into stable housing through landlord engagement, financial supports, relocation assistance, and connection to natural supports.

CAA Considerations

- Suggested program type: P&D
- Complexity: Low
- Criteria: Early intervention for shelter-based users
- Program accessed through the agency



CENTRE FOR NEWCOMERS

Prevention and Diversion

Recovery-Oriented financial support program for newcomers at risk of homelessness. The program provides short-term rent subsidies and wraparound services—including food security, employment

support, transportation, and social-emotional assistance—to help vulnerable individuals such as refugee claimants, 2SLGBTQ+ people, racialized groups, women fleeing domestic violence, and persons with disabilities, transition from shelters into stable housing and achieve long-term independence.

CAA Considerations

- Suggested program type: P&D
- Complexity: Low
- Criteria: Newcomers at risk of homelessness
- Program accessed through the agency



DISTRESS CENTRE

Prevention and Diversion

Prevention and diversion program supporting individuals, couples, and families at risk of or newly experiencing homelessness. Providing early intervention through housing navigation, landlord engagement, financial support, and wraparound services, helping participants secure and maintain stable housing while reducing reliance on emergency shelters.

CAA Considerations

- Suggested program type: P&D
- Complexity: Low
- Criteria: Early intervention for people at risk of or newly experiencing homelessness
- Program accessed through the agency



THE MUSTARD SEED SOCIETY

Shelter Diversion

Prevention and diversion program supporting individuals experiencing homelessness for 6 months or less. The program provides intensive case management to rapidly rehouse participants, connecting them to resources, skill development, housing search assistance, and rental supplements to achieve stable housing.

CAA Considerations

- Suggested program type: Diversion
- Complexity: Low
- Criteria: Individuals experiencing homelessness for less than or up to 6 months
- Program accessed through the agency



THE SALVATION ARMY COMMUNITY SERVICES CALGARY

Shelter Diversion

Prevention and diversion program supporting individuals transitioning from shelter to independent housing. The program provides one-on-one guidance, wraparound services, and financial assistance for move-in costs, helping participants secure stable, sustainable housing while reducing the risk of shelter re-entry.

CAA Considerations

- Suggested program type: Diversion
- Complexity: Low
- Criteria: Individuals transitioning from shelter to independent housing
- Program accessed through the agency

Community Support Programs



THE ALEX COMMUNITY HEALTH CENTRE

Pathways Assertive Outreach (PAO)

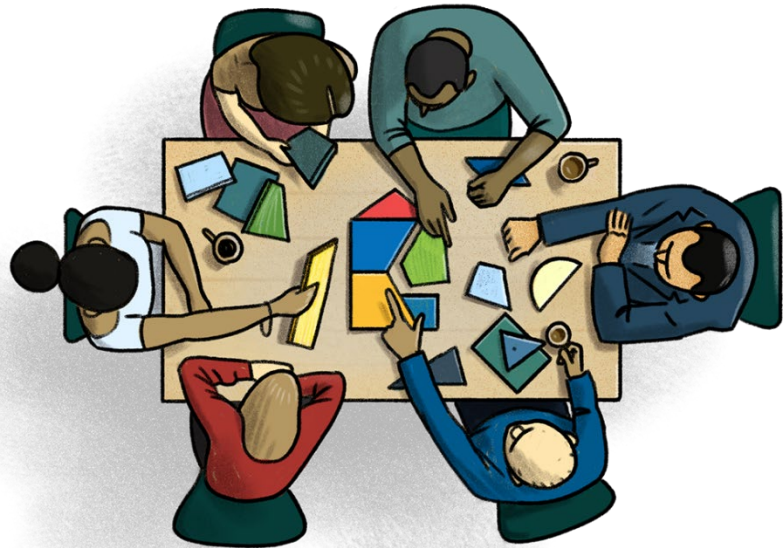
Recovery-Oriented, non-housing support program offering intensive Assertive Community Treatment (ACT) for adults with chronic psychotic or type one bipolar disorders and high service needs. PAO provides wraparound psychiatric, medical, and social supports through a transdisciplinary team, including outreach, Medical Clinic access, and in-house programming to reduce emergency service use, support community reintegration, and promote recovery.

CAA Considerations

- Suggested program type: ACT (Pathways)
- Age: 18+
- Complexity: Low to High
- ATC Criteria: Primary psychotic illness (schizophrenia, schizoaffective disorder, delusional disorder) or bipolar I disorder with psychotic features.
- Exclusions:
 - Primary intellectual disability
 - FASD or PDD
 - Brain injury,
 - Drug-induced psychosis
 - Comorbid personality disorders

Youth Sector Programs





Scattered-Site Supportive Housing (SSSH) Programs



THE ALEX COMMUNITY HEALTH CENTRE

Pathways to Housing (PTH)

Medically specialized congregate and SSSH program with Assertive Community Treatment (ACT) for adults experiencing chronic homelessness and psychotic illnesses. PTH provides subsidized housing and interdisciplinary supports for individuals with conditions such as schizophrenia, schizoaffective disorder, delusional disorder, or type one bipolar disorder with psychotic features. Using Recovery-Oriented Supportive Housing principles, PTH offers comprehensive physical health, mental health, and social supports—including on-site services at Wendy’s House and Ophelia—to help participants transition to scattered-site or long-term subsidized housing.

CAA Considerations

- Suggested program type:** ACT (Pathways)
- Age:** 18+
- Complexity:** Low to High
 - Chronic homelessness
 - Significant functional impairments
 - High service needs
- ACT Criteria:** Primary psychotic illness (schizophrenia, schizoaffective disorder, delusional disorder or bipolar I disorder with psychotic features)
- Eligibility**
 - Able to safely live alone or learn independent living skills
- Exclusions:**
 - Primary intellectual disability
 - FASD or PDD
 - Brain injury
 - Drug-induced psychosis
 - Comorbid personality disorders



CALGARY DREAM CENTRE

Living in Community

Scattered Site Recovery-Oriented Housing program for adults experiencing homelessness who want to address substance use disorders in a sobriety-based, communal living model designed to promote community integration. The Calgary Dream Centre’s Living in Community program provides personalized supports—including case management, mental health therapy, income, food assistance, and stable housing—within a congregate living environment that fosters recovery, healing, and long-term independence. **Individuals with convictions for serious crimes are not eligible for the program.*

CAA Considerations

- Suggested program type:** Sobriety
- Age:** 18+
- Complexity:** Low to Moderate
- Program Components:** Congregate living (4-5 participants in a shared house)
- Eligibility:**
 - 5+ days sober prior to entry
 - Referrals from APC & YPC
 - Treatment preferred for 18 days to 6+ months
- Exclusions:** Ineligible with convictions for serious crimes



CALGARY JOHN HOWARD SOCIETY

Roofs for Youth

Scattered Site Recovery-Oriented Housing program for youth aged 15–24 without child welfare status or natural supports who are experiencing homelessness and have criminal justice involvement. The SSSH model provides housing and intensive case management to help participants stabilize, address justice involvement, and maintain housing. Supports include building pro-social behaviours, increasing independence through education, employment, or income supports, and connecting to mental health, addictions, and community resources. Partnerships with affordable housing providers and private landlords ensure access to units, with flexible leasing options. The program aims to break cycles of homelessness and justice involvement, supporting successful transitions to adulthood.

CAA Considerations

- Suggested program type:** SSSH
- Age:** 15-24
- Complexity:** Low to High
- Criteria:** At risk of or involved with the justice system
- Eligibility:**
 - Willing to engage in case management
- Exclusions:** Poses a significant risk to public safety
- Exclusions:** Demonstrate capacity to live independently in the community
- Exclusions:** Has additional professional or natural supports
- Exclusions:** Working towards income and financial stability

Compass Housing Program (CHP)

Scattered Site Recovery-Oriented Housing program for chronically or episodically homeless adults with complex health, mental health, and substance use needs. The CUPS Compass Housing Program (CHP) integrates housing supports with outreach nursing, occupational therapy, mental health, and addiction services. Using a tiered case management approach, CHP supports participants across Home, Health, Finance, and Community Connection domains, helping them build independence, address personal and systemic barriers, and connect to community resources. The program emphasizes recovery, social connection, and successful graduation from the Homeless Serving System of Care.

CAA Considerations

- ✓ **Suggested program type:** SSSH
- ✓ **Age:** 18+
- ✓ **Complexity:** Moderate to High
 - Preference for high complexity
- ✓ **Program Components:**
 - Integrated health supports
 - Occupational therapy (OT)
 - Case management at the Community Health Centre
- ✓ **Eligibility:**
 - Preference for participants with tri-morbidity and complex health needs
 - Able to live independently
- ✓ **Limitations:**
 - Participants needing 24/7 or after-hours supports are not ideal



Hope Homes

Scattered Site Recovery-Oriented Housing and Rapid Rehousing program for youth aged 17–24 experiencing homelessness, with a focus on those who are actively homeless rather than at risk. Hope Homes uses a SSSH model to provide safe, stable housing and individualized, trauma-informed supports. Through case management, participants work toward goals in housing, health, financial stability, and community, addressing vulnerabilities contributing to homelessness and supporting a successful transition out of the Homeless Serving System of Care.

CAA Considerations

- ✓ **Suggested program type:** SSSH or Rapid Rehousing
- ✓ **Age:** 17-24
- ✓ **Complexity:** Low to Moderate
- ✓ **Program Components:** Youth are typically supported for 12-18 months, with extensions as needed
- ✓ **Eligibility:**
 - Able to live independently in the community
 - Working toward securing income to support their transition

Wicihitowin

Scattered Site Recovery-Oriented Housing program for Indigenous youth aged 16–24 who are at risk of or experiencing homelessness. Wicihitowin provides safe, stable housing and individualized supports using recovery-oriented, trauma-informed, and holistic Indigenous approaches. The program offers cultural connections, traditional ceremonies, life skills, education and employment support, and helps youth strengthen relationships with family and community while accessing Indigenous resources and services.

CAA Considerations

- ✓ **Suggested program type:** SSSH or Rapid Rehousing
- ✓ **Age:** 16-24
- ✓ **Population:** Indigenous youth
- ✓ **Complexity:** Low to Moderate
- ✓ **Criteria:** Indigenous youth interested in cultural connection and/or reconnection
- ✓ **Eligibility:** Priority for participants who can move into market rentals within two years



MISKANAWAH COMMUNITY SERVICES ASSOCIATION

Strengthening Home Fires

Scattered Site Recovery-Oriented Housing and Rapid Rehousing program for Indigenous youth aged 14–24 experiencing homelessness. Strengthening Home Fires uses a strengths-based, trauma-informed, and culturally grounded approach, recognizing the impacts of colonization, trauma, and systemic discrimination. The program supports youth to secure and maintain housing while connecting them to cultural and ceremonial resources. Individualized case management includes landlord advocacy, systems navigation, and recovery-oriented planning, with ongoing cultural connection offered beyond program graduation.

CAA Considerations

- ✓ **Suggested program type:** SSSH or Rapid Rehousing
- ✓ **Age:** 14-24
- ✓ **Complexity:** Low to Moderate
- ✓ **Criteria:** Indigenous youth or youth open to Indigenous cultural supports
- ✓ **Eligibility:**
 - Ability to live independently (no trustee/guardian for youth over 18) with moderate case management support
 - Can accept pregnant youth or youth with up to two infants (0–3 years) with a previous connection to Miskanawah



TRELLIS SOCIETY

Aura

Scattered Site Recovery-Oriented Housing program for 2SLGBTQIAP+ youth aged 14–24 experiencing homelessness. Aura provides a 3-unit congregate housing environment (Iris Place) with supportive roommates and case management. Using trauma-informed, strength-based, and person-centred approaches, the program fosters safety, stability, and growth, while promoting gender-affirming care and inclusive practices. Case managers also consult across Trellis housing programs to support affirming services for 2SLGBTQIAP+ youth system-wide.

CAA Considerations

- Suggested program type: 2SLGBTQIAP+ Housing
- Age: 14-24
- Population: 2SLGBTQIAP+ youth
- Complexity: Low to High
- Eligibility: Must be interested in 2SLGBTQIAP+ supports

Infinity

Scattered Site Recovery-Oriented Housing program for youth aged 16–24 experiencing homelessness. The Infinity Project uses a scattered-site model with trauma-informed, strength-based, solution-focused, and person-centred supports. Housing Case Managers help youth establish safe, stable homes while fostering healing, growth, and goal achievement, guided by Trellis’ practice framework emphasizing trauma-informed care, developmental relationships, natural supports, and anti-oppressive practices.

CAA Considerations

- Suggested program type: SSSH
- Age: 16-24
- Complexity: Moderate to High

Home Fire

Scattered Site Recovery-Oriented Housing program for Indigenous youth aged 16–24 experiencing homelessness. Home Fire provides scattered-site, housing-first supports with a holistic, harm-reduction approach. The program offers cultural connections, helps youth heal from intergenerational trauma, strengthens natural supports, builds relationships, and fosters a sense of community to support stability and personal growth.

CAA Considerations

- Suggested program type: SSSH
- Age: 16-24
- Complexity: Moderate to High
- Criteria: Indigenous youth interested in cultural connections and supports

Place-Based Supportive Housing (PBSH) Programs



CALGARY JOHN HOWARD SOCIETY

Roofs for Youth – Residential

Place Based Recovery-Oriented Housing program with group-based living for youth aged 15–24 experiencing homelessness, lacking natural supports, and often with criminal justice involvement. Operates two residences: Raido House (15–18) and Windsor Park (18–24). Using recovery-oriented Intensive Case Management, it helps support youth to stabilize, recover from trauma, address justice involvement, and build independence through education, employment, income supports, community connections, and pro-social behaviours, with the goal of a successful transition to adulthood.

CAA Considerations

- ✓ **Suggested program type:** Group-Based Supportive Housing
- ✓ **Age:**
 - Raido House: 15–18
 - Windsor Park: 18–24
- ✓ **Complexity:** Low to High
- ✓ **Criteria:** At risk of or involved with the justice system
- ✓ **Program Components:** Group living
- ✓ **Eligibility:** Must have wraparound supports in place if moderate to high acuity
- ✓ **Exclusions:**
 - Significant risk to others
 - Inability to navigate stairs
 - Ongoing serious gang involvement
 - Conditions preventing co-residence with youth under 18



ENVIROS WILDERNESS SCHOOL ASSOCIATION

Triveri House

Place Based Recovery-Oriented Housing, transitional, and rapid-rehousing program for youth and young adults aged 17–29. Triveri House provides stable housing and individualized supports to help participants transition from youth to adult services, addressing needs from low to high complexity. The program offers three housing options: longer-term PBSH for complex needs, transitional housing for moderate needs (up to 24 months), and rapid rehousing for lower complexity (6–12 months). Using a recovery-oriented, wraparound approach, Triveri House focuses on increasing natural supports, connecting to community resources, achieving stable income and food security, and supporting a self-directed exit from homelessness.

CAA Considerations

- ✓ **Suggested program type:** PBSH, Transitional, and Rapid Rehousing
- ✓ **Age:** 17-29 (Must be referred before 25)
- ✓ **Complexity:** Low to High
- ✓ **Program Components:** Tailored to individual strengths and support needs
- ✓ **Eligibility:**
 - Must demonstrate activities of daily living (ADL) capacity
 - **Transitional Housing:** targeted exit within 24 months
 - **Rapid Rehousing:** targeted exit within 6-12 months



WOOD'S HOMES

New Horizon

Place Based Recovery-Oriented Housing and SSSH program for youth aged 18–29 experiencing homelessness, with on-site case management and life skills development. Operates two sites: Inglewood (daily staffing for higher-needs participants) and Heritage (less intensive support). The program uses a recovery-oriented, trauma-informed, and strength-based approach, supporting participants with housing, emotional and practical case management, financial literacy, employment readiness, mental health and addiction supports, and community connections, while fostering independent living skills in a safe, nonjudgmental, and 2SLGBTQ+ affirming environment.

CAA Considerations

- Suggested program type:** PBSH (Inglewood) or SSSH (Heritage)
- Age:** 18-29
 - Under 18 considered for Inglewood on a case-by-case basis
- Complexity:** Low to Moderate
- Eligibility**
 - Gender-diverse and LGBTQ2S+ clients are supported
 - Wheelchair-accessible apartments available at Inglewood
 - Transition planning needed for accessibility requirements
- Exclusions:** At risk of overdose

Transitional Supportive Housing Programs



CUPS CALGARY SOCIETY

Community Development

Recovery-oriented transitional supportive housing program provides families and individuals experiencing homelessness or housing instability with affordable housing across four sites. Using a trauma-informed, strengths-based approach, it combines rent subsidies with intensive case management, housing navigation, and skill-building workshops to support stability and independence. Participants also have access to health and parenting supports through CUPS Integrated Care, on-site staff during weekday hours, and early transition planning to help move into independent housing within 12 to 18 months.

CAA Considerations

- ✓ **Suggested program type:** Community Development
- ✓ **Age:** 18+
- ✓ **Complexity:** Low to Moderate
- ✓ **Criteria:** Experiencing low to mid-acuity housing instability
- ✓ **Program Components:** Case management & in-home support
- ✓ **Eligibility:**
 - Meet low-income thresholds (varies by family size)
 - Match available unit size (1, 2, or 3 beds)
 - Meets mobility needs (some buildings have elevators)
 - Able to transition to independent housing within 18 months
- ✓ **Exclusions:** Have active domestic violence concerns



THE MUSTARD SEED SOCIETY

TMS Recovery Program

Sober-living transitional housing program for youth (18+) and adults, providing up to 12 months of support. The Mustard Seed's program uses a sober recovery model with case management focused on life skills, relapse prevention, trauma support, and building recovery capital. Participants develop skills for independent living, financial literacy, employment, and connection to long-term community supports, with guidance to secure stable housing upon graduation and follow-up to maintain sobriety and ongoing recovery.

CAA Considerations

- ✓ **Suggested program type:** Sobriety
- ✓ **Age:** 18+
- ✓ **Complexity:** Low to Moderate
- ✓ **Program Components:**
 - Congregate living (4-5 participants in a shared house)
- ✓ **Eligibility:**
 - 5+ days sober prior to entry
 - Medically stable (severe mental health comorbidities allowed if under physician supervision)
 - Ideal for those completing, or recently completed, treatment (within 6 months)
- ✓ **Exclusions:** Criminal record of sexual or violent offences

Graduated Rent Subsidy Program (GRSP)



CUPS CALGARY SOCIETY

Graduated Rent Subsidy Program

Graduated Rent Subsidy Program provides light-touch case management and temporary rental support for individuals and families who have completed recovery-oriented supportive housing

programs. GRSP supports participants with integrated care coordination, referrals, and access to CUPS and community resources to maintain housing stability while working toward graduation from the Homeless Serving System of Care. The program focuses on housing retention, employment, education, and social engagement, guiding participants toward independence and a successful exit from the system.

CAA Considerations

- ✓ **Suggested program type:** GRSP
- ✓ **Age:** 18+
- ✓ **Complexity:** Low
- ✓ **Criteria:** Stable housing for 6+ months in supportive housing program
- ✓ **Program Components:**
 - Meet monthly with CUPS Housing Coordinator/Subsidy/Graduation staff for support
 - Employment, education, training, and community engagement
 - Integration with natural and professional supports.
- ✓ **Eligibility:**
 - Prior graduation conversations and goals established
 - Referrals to non-market housing completed
 - Ready and willing to meet program components
 - Ability to graduate to independence within approx. 2 years
 - **Preference:** Able to earn income (working age)

Prevention & Diversion (P&D) Programs



TRELLIS SOCIETY

Youth Shelter Diversion

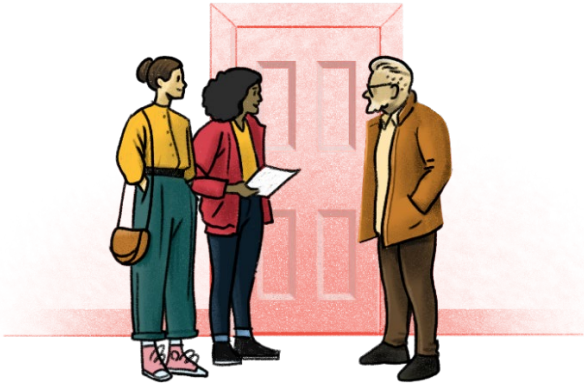
Youth Shelter Diversion program for individuals aged 14–24 at risk of homelessness. The program provides community-based diversion services using Recovery-Oriented, and Family and Natural Supports frameworks. Youth workers offer light-touch case management, advocacy, system navigation, coaching, and engagement with family or natural supports to prevent shelter entry, increase housing stability, and help youth build life skills and positive support networks.

CAA Considerations

- ✓ **Suggested program type:** P&D
- ✓ **Age:** 14-24
- ✓ **Criteria:** Youth at risk of homelessness and/or sexual exploitation
- ✓ **Program accessed through the agency**
- ✓ **Eligibility:** Capacity to reunify with family/natural supports or transition to independent housing
- ✓ **Exclusions:** Currently connected to formal supports or services

Family Sector Programs





Scattered-Site Supportive Housing (SSSH) Programs



CHILDREN'S COTTAGE SOCIETY

HomeLinks

Scattered Site Recovery-Oriented Housing program for families experiencing homelessness, incorporating rapid rehousing, adaptive and intensive case management, and transitional rent subsidies. HomeLinks provides scattered-site, strength-based supports over a two-year period to help families secure and sustain permanent housing while promoting stability, social inclusion, and independence. Case Managers support housing, health, social connections, and financial well-being, with a focus on healthy, culturally safe children's development, decolonized practices, and empowering families to lead their own progress.

CAA Considerations

<ul style="list-style-type: none"> ☑ Suggested program type: SSSH or Rapid Rehousing ☑ Age: 18+ (Head of household) <ul style="list-style-type: none"> • At least one child under 18 ☑ Complexity: Low to High ☑ Criteria: Episodic or chronic homelessness, moderate to complex barriers 	<ul style="list-style-type: none"> ☑ Eligibility <ul style="list-style-type: none"> • Able to live independently in the community • Pregnant women are eligible • Families seeking reunification must hold a Temporary Guardianship Order (TGO) with one or more children in their care within 3–6 months of intake
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CLOSER TO HOME COMMUNITY SERVICES

Home Again

Scattered Site Recovery-Oriented Housing program for families experiencing homelessness, with cultural connections and supports for Indigenous, visible minority, and newcomer families. Home Again provides scattered-site, family-centred housing and services that build family skills, resiliency, and stability. The program supports housing, financial, emotional, spiritual, and community needs,

prioritizes children’s safety and development, and empowers families to maintain a positive, supportive home environment while preventing future homelessness.

CAA Considerations

- ☑ **Suggested program type:** SSSH
- ☑ **Age:** 18+ (Head of household)
 - Dependents of any age in their care or imminently returning to care
- ☑ **Complexity:** Moderate to High
- ☑ **Criteria:** Supports families of diverse compositions (parents, grandparents, adult siblings with guardianship, etc.)
- ☑ **Program Components:**
 - Resource lists provided for access to 24/7 supports if needed
 - Cultural connection supports available for Indigenous, visible minority, and newcomer families.
- ☑ **Eligibility:**
 - Includes multiple co-morbidities, history of homelessness, or first-time homeless
 - Capacity to live independently



DISCOVERY HOUSE FAMILY VIOLENCE PREVENTION SOCIETY

Community Housing Program

Scattered Site Recovery-Oriented Housing and Rapid Rehousing program for single women or non-binary individuals with children experiencing homelessness due to domestic violence. Discovery House provides scattered-site housing with flexible supports including case management, rapid rehousing, and transitional rent subsidies. Using trauma-informed, recovery-oriented practices, the program helps families secure safe, stable housing, build independence, access mental health and parenting supports, and improve housing, health, financial stability, and community connections, aiming to break the intergenerational cycle of domestic violence.

CAA Considerations

- ☑ **Suggested program type:** Domestic Violence Program or Rapid Rehousing
 - ☑ **Age:** 18+ (Head of household)
 - Dependents of any age in their care or imminently returning to care
 - ☑ **Complexity:** Low to High
 - Depending on acuity and service stream
 - ☑ **Program Components:**
 - Participant-led and individualized programming; families flow through streams based on changing needs
 - Supports both prevention/diversion and post-shelter transitions
 - ☑ **Eligibility:** Single female identifying women with children experiencing homelessness due to domestic violence
 - ☑ **Exclusions:** Not suitable for families requiring specialized safety planning or secure facilities
- PROGRAM STREAMS & SUPPORTS**
- ☑ **Rapid Rehousing:**
 - ***Criteria:** Low to mid-acuity families
 - Short-term housing stability
 - Damage deposit
 - Move-in/set-up costs
 - Rent subsidies
 - Light case management
 - ☑ **Intensive Case Management (ICM):**
 - ***Criteria:** Higher-acuity families
 - Wrap-around case management
 - Housing supports
 - Rent subsidies
 - ☑ **Graduated Rent Subsidy Program (GRSP):**
 - ***Criteria:** Families transitioning to other supports or subsidy programs
 - Housing with light case management and temporary rent subsidy



INN FROM THE COLD SOCIETY

Housing with Recovery Supports

Scattered Site Recovery-Oriented Housing program for families experiencing homelessness. Inn from the Cold’s Housing with Recovery Supports program provides scattered-site housing across the community and bachelor suites at the Neoma Building, combined with adaptive, individualized case management. Using flexible, recovery-oriented supports, the program helps families access and maintain safe, sustainable housing while building trust, navigating services, and connecting to internal and community resources to promote stability and independence.

CAA Considerations

- Suggested program type: SSSH
- Age: 18+ (Head of household)
- Complexity: Low to High
 - Preference for high complexity
- Neoma units best suited for:
 - Small families (single parent or couple with 1-2 children)
 - Families working toward reunification with children in CFS care
 - Pregnant single mothers or couples in the last trimester of pregnancy



TRELIS SOCIETY

Sustainable Families

Scattered Site Recovery-Oriented Housing program for families experiencing homelessness and facing multiple barriers, including trauma, substance use, Children’s Services involvement, or mental/physical health concerns. Sustainable Families provides scattered-site housing with intensive case management and comprehensive family supports. Using a person-centered, culturally appropriate approach, the program promotes housing stability, mental health and wellbeing, family functioning, and connection to community, helping families break cycles of intergenerational trauma and homelessness while building skills and natural supports for long-term stability.

CAA Considerations

- Suggested program type: SSSH
- Complexity: Moderate to High
- Age: 18+ (Head of household)

Transitional Supportive Housing Programs



BRENDA STRAFFORD FOUNDATION

Heart Home Network

Recovery-Oriented second-stage shelter providing safe housing and support services for women and their children who have experienced domestic violence or trauma. Heart Home Network offers 85 self-contained apartments, counselling, and comprehensive programming to help residents heal, build resilience, and transition to independent living. Support includes child development programming, life skills, and community connection, with ongoing access to services for up to six months after leaving the program.

CAA Considerations

- ✓ **Suggested program type:** Domestic Violence Prevention
- ✓ **Age:** 18+
- ✓ **Population:** Female identifying women with or without children
- ✓ **Complexity:** Low to High
- ✓ **Criteria:** Women or single-female parent families who have experienced domestic violence within the past year
- ✓ **Referral source:** Community-based, self-referral, or FPC



CLOSER TO HOME COMMUNITY SERVICES

Norris House

Recovery-Oriented transitional supportive housing program for families experiencing homelessness, with no substance use and no 24/7 staffing, providing housing for up to 18 months. Norris House offers place-based, family-centered transitional housing and skill-building supports to promote stability, resiliency, and independence. The program focuses on housing, family capacity, financial, emotional, spiritual, and community needs, prioritizes children's safety and development, and empowers families to maintain a positive home environment while preventing future homelessness.

CAA Considerations

- ✓ **Suggested program type:** Sobriety
- ✓ **Age:** 18+ (Caregivers)
 - Dependents of any age in their care or imminently returning to care
- ✓ **Complexity:** Moderate
- ✓ **Program Components:**
 - Staff present only during regular business hours (on-call support available for emergencies)
- ✓ **Eligibility:**
 - Families with multiple co-morbidities, newcomer/refugee families, or first-time homeless
 - Able to live independently
 - Willing to relocate to Transitional Place-based program located in Seton.
- ✓ **Exclusions:** Not suitable for those actively experiencing substance use or domestic violence

Community Development

Recovery-Oriented transitional supportive housing program provides families and individuals experiencing homelessness or housing instability with affordable housing across four sites. Using a trauma-informed, strengths-based approach, it combines rent subsidies with intensive case management, housing navigation, and skill-building workshops to support stability and independence. Participants also have access to health and parenting supports through CUPS Integrated Care, on-site staff during weekday hours, and early transition planning to help move into independent housing within 12 to 18 months.

CAA Considerations

- Suggested program type:** Community Development
- Age:** 18+
- Complexity:** Low to Moderate
- Criteria:** Experiencing low to mid-acuity housing instability
- Program Components:** Case management & in-home support
- Eligibility:**
 - Meet low-income thresholds (varies by family size)
 - Match available unit size (1, 2, or 3 beds)
 - Meets mobility needs (some buildings have elevators)
 - Able to transition to independent housing within 18 months
- Exclusions:** Have active domestic violence concerns

Graduated Rent Subsidy Programs

Graduate Rent Subsidy Program

Graduated Rent Subsidy Program provides light-touch case management and temporary rental support for individuals and families who have completed recovery-oriented supportive housing programs. GRSP supports participants with integrated care coordination, referrals, and access to CUPS and community resources to maintain housing stability while working toward graduation from the Homeless Serving System of Care. The program focuses on housing retention, employment, education, and social engagement, guiding participants toward independence and a successful exit from the system.

CAA Considerations

- ✓ **Suggested program type:** GRSP
- ✓ **Age:** 18+
- ✓ **Complexity:** Low
- ✓ **Criteria:** Individuals and families who have completed Housing First case management programs
 - Stable housing for 6+ months in supportive housing program
- ✓ **Program Components:**
 - Meet monthly with CUPS Housing Coordinator/ Subsidy/Graduation staff for support
 - employment, education, training, and community engagement
 - Integration with natural and professional supports.
- ✓ **Eligibility:**
 - Prior graduation conversations and goals established
 - Referrals to non-market housing completed
 - Ready and willing to meet program components
 - Ability to graduate to independence within approx. 2 years
 - ***Preference:** Able to earn income (working age)
- ✓ **Limitations:** Adults 55+ considered case-by-case based on capacity to increase income and level of support required.

Prevention and Diversion (P&D) Programs



INN FROM THE COLD SOCIETY

Prevention and Diversion

Recovery-Oriented Family Prevention and Diversion (P&D) program supporting families at risk of homelessness to remain in their homes or, if already experiencing homelessness, to be rehoused quickly. The program provides short-term case management (3–4 months), financial supports, and referrals to community resources, using a trauma-informed, strength-based approach to reduce shelter stays, mitigate stress and trauma, and promote housing stability. Eligibility is based on the family's capacity to sustain housing with this level of support.

CAA Considerations

- ✓ **Suggested program type:** P&D
- ✓ **Complexity:** Low
- ✓ **Criteria:** Families at risk of or newly experiencing homelessness
- ✓ **Eligibility:** Ability to sustain housing with the program's level of support
- ✓ **Program accessed through the agency**
 - Short-term case management (3–4 months)
 - Financial supports
 - Community referrals



TRELLIS SOCIETY

Home Stay

Recovery-Oriented prevention and diversion program for families at imminent risk of or recently experiencing homelessness. Trellis' Home Stay program provides short-term case management, financial support, and rehousing assistance to help families maintain their current housing or avoid shelter entry. Using a proactive, recovery-oriented approach, the program connects families to community resources, employment and income supports, and mental health services to strengthen stability, increase self-sufficiency, and reduce re-entry into the Homeless Serving System of Care.

CAA Considerations

- Suggested program type: P&D
- Complexity: Low
- Criteria: Families at imminent risk of or recently experiencing homelessness
- Program accessed through the agency





Calgary Homeless
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