



RESOURCE GUIDE
Adult Sector
Housing Programs



Calgary Homeless
FOUNDATION

Important Terms/Abbreviations

Recovery Orientation: Recovery from homelessness is understood as improved quality of life for program participants.

CHF funded programs commit to moving people who experience homelessness into housing as quickly as possible and delivering supports to achieve positive outcomes in the domains of *home, health, financial wellness* and *community connection*.

Housing First: a recovery-oriented approach to homelessness that involves moving people who experience homelessness into housing as quickly as possible, with no preconditions, and then providing them with additional services and supports as needed.

Harm Reduction: Programming focuses on increasing recovery outcomes without judgment, coercion, discrimination or requiring that they stop using substances as a pre-condition of support. Harm Reduction includes programming that actively supports sobriety when driven by individual choice and is part of the spectrum of recovery-orientation.

ACT: Assertive Community Treatment - Specialized program type integrating housing with medical and psychiatric care by a multi-disciplinary team of practitioners including health care providers, social workers and peer workers.

SSSH: Scattered Site Supportive Housing - case management and housing supports delivered in locations in the community without 24/7 onsite supports.

PBSH: Place-Based Supportive Housing - case management and housing supports delivered at a designated building or facility with 24/7 onsite supports.

Bridge Housing: Time-limited interim supportive housing with the goal to remove barriers faced by participants in obtaining housing stability and independence.

Prevention/Diversion: Services designed to minimize homelessness before it becomes a prolonged experience, including interventions for those immediately at risk of homelessness.

CAA: Coordinated Access and Assessment - a system to support service integration for people experiencing homelessness. CAA coordinates engagement, assessment, triage prioritization, and program access to a range of housing and support services. Triage and referral processes are provided by CAA's Placement Committees.

APC: Adult Placement Committee

YPC: Youth Placement Committee

FPC: Family Placement Committee

Scattered Site Programs

Agency	Program	Program Description	APC Considerations
Accessible Housing Society	Bridge to Home	SSSH supports for adults experiencing homelessness, who are facing multiple barriers to housing including substance use, physical and/or mental health concerns, and have diverse mobility/accessibility needs .	<ul style="list-style-type: none"> Limited mobility and/or other accessibility needs, and/or a functional impairment that impedes housing without some sort of accessibility modification Suggested program type: Accessibility Issues
Calgary Alpha House Society	Alpha Housing Program	SSSH supports for adults experiencing homelessness who are facing multiple barriers to housing including substance use and physical and/or mental health concerns.	<ul style="list-style-type: none"> Substance use 7 day/week case management Suggested program type: Community (scattered site)
Calgary Dream Centre	Living in Community	Recovery-oriented SSSH program for adults experiencing homelessness who want to address their substance use disorders in a sobriety-based, communal living model designed to promote community integration. Program will work with individuals who report no history of problematic substance use.	<ul style="list-style-type: none"> 5+ days of sobriety prior to program entry Congregate living (4-5 people in a shared house) Ages 18+ - referrals from APC & YPC Suggested program type: Sobriety
Calgary John Howard Society	Adult Housing Reintegration Program	Recovery-oriented SSSH program for adults experiencing homelessness, who are facing multiple barriers to housing including substance use, physical and/or mental health concerns, and who have frequent interactions with the justice system .	<ul style="list-style-type: none"> Frequent justice system interaction Suggested program type: Community (scattered site)

CUPS Calgary Society	Key Case Management	SSSH supports for adults experiencing homelessness who are facing multiple barriers to housing including substance use, physical and/or mental health concerns.	<ul style="list-style-type: none"> Suggested program type: Community (scattered site)
The Alex	Homebase	SSSH supports for adults experiencing homelessness who are facing multiple barriers to housing including substance use, physical and/or mental health concerns.	<ul style="list-style-type: none"> Suggested program type: Community (scattered site)
The Alex	Pathways to Housing	Medically specialized SSSH supports combined with Assertive Community Treatment (ACT) through an interdisciplinary team of professionals to individuals experiencing homelessness. Pathways to Housing supports participants with a primary psychotic illness.	<ul style="list-style-type: none"> Diagnosis with primary psychotic illness: schizophrenia, schizoaffective disorder, delusional disorder, or bipolar II with psychotic features requiring ACT supports Suggested program type: ACT (Pathways)

Place-Based Programs

Agency	Program	Program Description	APC Considerations
Calgary Alpha House Society	Aurora on the Park	Fully accessible , recovery-oriented PBSH program for adults experiencing homelessness who also have high health needs, accessibility concerns, and addictions challenges.	<ul style="list-style-type: none"> Accessibility & high health needs Suggested program type: PSH – Harm Reduction
Calgary Alpha House Society	Francis Manor	Recovery-oriented PBSH program for adults experiencing high complexity and multiple barriers to independent housing including substance use and/or mental and/or physical health concerns.	<ul style="list-style-type: none"> Building is a walk-up Suggested program type: PSH – Harm Reduction
Calgary Alpha House Society	Providence	Recovery-oriented PBSH program for adult women experiencing high complexity and multiple barriers to independent housing including substance use and/or mental and/or physical health concerns.	<ul style="list-style-type: none"> Female identifying Suggested program type: PSH – Harm Reduction

<p>Calgary Alpha House Society</p>	<p>The Clayton</p>	<p>Recovery-oriented PBSH program for adults experiencing high complexity and multiple barriers to independent housing including substance use and/or mental and/or physical health concerns.</p>	<ul style="list-style-type: none"> • Suggested program type: PSH – Harm Reduction
<p>Calgary Alpha House Society</p>	<p>The Madison - Veterans Housing Program</p>	<p>Recovery-oriented PBSH program for adults with a history of service in the military and/or as first responders who are also experiencing high complexity and multiple barriers to independent housing including substance use and/or mental and/or physical health concerns.</p>	<ul style="list-style-type: none"> • History of service in Canadian Armed Forces, First Responders, or foreign military service • Building is a walk-up • Suggested program type: PSH – Harm Reduction
<p>Calgary Alpha House Society</p>	<p>Sunalta Lodging House</p>	<p>Transitional/bridge housing in a harm reduction, recovery focused environment for adults experiencing homelessness. The focus for entry will be those who are medically vulnerable and who are accessing shelters or living unsheltered. The target length of stay is 3 months.</p>	<ul style="list-style-type: none"> • Independent rooms with shared bathrooms, kitchens, and common spaces • Building is a walk-up • Time-limited program with intent to transition to other supportive housing opportunities. • Suggested program type: varies; triaging based on collateral and APC consensus
<p>Calgary Alpha House Society</p>	<p>Women’s Housing Program</p>	<p>Recovery-oriented PBSH program for adult women experiencing high complexity and multiple barriers to independent housing including substance use and/or mental and/or physical health concerns.</p>	<ul style="list-style-type: none"> • Female identifying • Suggested program type: PSH – Harm Reduction
<p>Calgary Alternative Support Services</p>	<p>Langin Place</p>	<p>Recovery-oriented PBSH program for adult men experiencing high complexity and multiple barriers to independent housing including substance use and/or mental and/or physical health concerns.</p>	<ul style="list-style-type: none"> • Male identifying • Building is a walk-up • Suggested program type: PSH – Harm Reduction

<p>Calgary Alternative Support Services</p>	<p>Stepping Stone Manor</p>	<p>Recovery-oriented PBSH program for adults experiencing high complexity and multiple barriers to independent housing including substance use and/or mental and/or physical health concerns.</p>	<ul style="list-style-type: none"> • Suggested program type: PSH - Harm Reduction
<p>HomeSpace Society</p>	<p>Bridgeland Ophelia Supportive Housing (BOSH)</p>	<p>Recovery-oriented PBSH program in partnership with Alberta Health Services, providing specialized supports to adults experiencing chronic or episodic homelessness and who require psychiatric supports.</p>	<ul style="list-style-type: none"> • Severe and persistent mental illness requiring the support of a psychiatrist & medical staff • Ability to live independently • Building is staffed M-F, regular business hours • Buildings are walk-ups • Suggested program type: Regional Housing (BOSH)
<p>McMan Youth, Family & Community Services Association</p>	<p>James House</p>	<p>Recovery-oriented Bridge Housing program that involves both traditional case management supports and transition workers to support participants in community. Participants spend up to a year in the building before moving into independent housing.</p>	<ul style="list-style-type: none"> • NSQ score of <11, do not assess as tri-morbid, ability to live independently • Building is not staffed 24/7 • Suggested program type: Bridge Housing
<p>The Alex</p>	<p>Abbeydale</p>	<p>Recovery-oriented PBSH for adults experiencing high complexity and multiple barriers to independent housing including substance use and/or mental and/or physical health concerns and who would benefit from a congregate setting with additional supports including meal provision.</p>	<ul style="list-style-type: none"> • Congregate living – private rooms with shared kitchens/bathrooms • Require supports with cooking • Building is a walk-up • Suggested program type: PSH - Health
<p>The Alex</p>	<p>Prelude</p>	<p>Recovery-oriented PBSH for adults experiencing high complexity and multiple barriers to independent housing including substance use and/or mental and/or physical health concerns.</p>	<ul style="list-style-type: none"> • Suggested program type: PSH - Harm Reduction

The SHARP Foundation	Croydon	Recovery-oriented PBSH program for adult women experiencing high complexity and multiple barriers to independent housing including substance use and/or mental and/or physical health concerns.	<ul style="list-style-type: none"> • Female identifying • Building is a walk-up • Suggested program type: PSH – Harm Reduction
The SHARP Foundation	Murray's House	Recovery-oriented PBSH program for adults experiencing high complexity and multiple barriers to independent housing including substance use and/or mental and/or physical health concerns.	<ul style="list-style-type: none"> • Suggested program type: PSH – Harm Reduction
Trellis	The Maple	Recovery-oriented PBSH program for adult women experiencing high complexity and multiple barriers to independent housing including substance use and/or mental and/or physical health concerns.	<ul style="list-style-type: none"> • Female identifying • Suggested program type: PSH – Harm Reduction

Non-Market Housing & Rent Subsidy Programs

Agency	Program	Program Description	APC Considerations
CUPS Calgary Society	Community Development	Long-term, affordable housing in 4 buildings for youth, families, and unaccompanied adults. Each building has an on-site community developer to engage participants and create a sense of integration for participants both in the building and in the community at large. The program combines rental subsidy with participant-initiated supports.	<ul style="list-style-type: none"> • “No” to “Is there an immediate risk of family violence?” • Building staffed M-F, regular business hours • Accepts referrals from APC, FPC, YPC • Suggested program type: CUPS Community Development
CUPS Calgary Society	Graduate Rent Subsidy Program	Rental subsidy and limited supports for participants who have completed a supportive housing program and no longer require case management support.	<ul style="list-style-type: none"> • Successful completion of a housing first program with a need for ongoing subsidy • Age 18+ • Referral through Housing First Graduates

Non-CHF Funded Housing Partners

Agency	Program	Program Description	APC Considerations
Aboriginal Friendship Centre of Calgary	Aboriginal Homelessness Initiative	Recovery-oriented SSSH program for Indigenous adults with experiences of homelessness. Program offers cultural connections and supports.	<ul style="list-style-type: none"> Indigenous adults Suggested program type: Community (scattered site)

Diversion Programs – Covid Response Grants

Agency	Program	Program Description	
The Calgary Drop-In & Rehab Society	Shelter Diversion	Supports individuals accessing the shelter to resolve their situation as quickly as possible; includes accessing natural supports, help with relocation, reestablishment of lost housing via landlord engagement, and financial supports.	Access to program via the agency
Calgary Alpha House Society	Diversion	Supports individuals who are experiencing lower complexity/chronicity, who do not need ongoing case management to access market housing. Services include financial supports, systems navigation, access to medical services, etc.	Access to program via the agency
The Mustard Seed	Foothills Emergency Shelter Diversion	Support for individuals accessing shelter to obtain housing. Services include budgeting and housing search supports, transportation, community referrals and connection, systems navigation, and financial supports	Access to program via the agency



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